

Psalm 121 - I Lift Up My Eyes to the Hills

Song of Ascents Pt 2

Focus for the Journey Unto a Higher Walk with Him

Hills - & The Remembrance of God

Ps 121:1 - I lift up my eyes to the hills—where does my help come from?

Ps 121:2 My Help is from the LORD who made Heaven & Earth

One version says: I have lifted up my eyes to the mountains, from whence help shall come to me.

Historic Battlefields

When you walk around some historic battlefield, you try to envision the things that took place there...I am certain that when a person was walking toward Jerusalem and looked around at the hills...what he was reminded of were the wonderful things God has done.

MORIAH - means (Seen of God)

Moriah is where Abraham offered Isaac - Where God's promises were made sure - where men learned to trust

Genesis 22:2 Then God said, "Take your son, your only son, Isaac, whom you love, and go to the region of Moriah. Sacrifice him there as a burnt offering on one of the mountains I will tell you about."

Hebrews 11:19 Abraham reasoned that God could raise the dead, and figuratively speaking, he did receive Isaac back from death.

Moriah is where David purchased land to sacrifice to the Lord

1 Chronicles 21:25-26 So David paid Araunah six hundred shekels of gold for the site.
26 David built an altar to the LORD there and sacrificed burnt offerings and fellowship offerings. He called on the LORD, and the LORD answered him with fire from heaven on the altar of burnt offering.

Moriah is where Solomon began to build the temple - where God's presence would be

2 Chronicles 3:1 Then Solomon began to build the temple of the LORD in Jerusalem on Mount Moriah, where the LORD had appeared to his father David. It was on the threshing floor of Araunah the Jebusite, the place provided by David.

ZION - where the Lord Almighty dwells

Isaiah 8:18 Here am I, and the children the LORD has given me. We are signs and

symbols in Israel from the LORD Almighty, who dwells on Mount Zion.

THE HILL where the angels surrounded the prophet

2 Kings 6:17 NIV And Elisha prayed, "Open his eyes, Lord, so that he may see." Then the Lord opened the servant's eyes, and he looked and saw the hills full of horses and chariots of fire all around Elisha.

THE HILL that Jonathan and his Armor Bearer climbed

1 Samuel 14:6 Jonathan said to his young armor-bearer, "Come, let's go over to the outpost of those uncircumcised fellows. Perhaps the LORD will act in our behalf. Nothing can hinder the LORD from saving, whether by many or by few."

THE HILL Where Elijah Defeated the Prophets of Baal

1 Kings 18:30-39 Then Elijah said to all the people, "Come here to me." They came to him, and he repaired the altar of the LORD, which was in ruins. 31 Elijah took twelve stones, one for each of the tribes descended from Jacob, to whom the word of the LORD had come, saying, "Your name shall be Israel." 32 With the stones he built an altar in the name of the LORD, and he dug a trench around it large enough to hold two seahs of seed. 33 He arranged the wood, cut the bull into pieces and laid it on the wood. Then he said to them, "Fill four large jars with water and pour it on the offering and on the wood." 34 "Do it again," he said, and they did it again. "Do it a third time," he ordered, and they did it the third time. 35 The water ran down around the altar and even filled the trench. 36 At the time of sacrifice, the prophet Elijah stepped forward and prayed: "O LORD, God of Abraham, Isaac and Israel, let it be known today that you are God in Israel and that I am your servant and have done all these things at your command. 37 Answer me, O LORD, answer me, so these people will know that you, O LORD, are God, and that you are turning their hearts back again." 38 Then the fire of the LORD fell and burned up the sacrifice, the wood, the stones and the soil, and also licked up the water in the trench. 39 When all the people saw this, they fell prostrate and cried, "The LORD—he is God! The LORD—he is God!"

THE HILL of Calvary - nothing more needs to be said

HELP

Ps 121:2 My Help is from the LORD who made Heaven & Earth

Psalm 20:1-2 May the LORD answer you when you are in distress; may the name of the God of Jacob protect you. 2 May he send you help from the sanctuary and grant you support from Zion.

Psalm 33:13-20 From heaven the LORD looks down and sees all mankind; 14 from his

dwelling place **he watches** all who live on earth—15 he who forms the hearts of all, **who considers everything they do**. 16 No king is saved by the size of his army; no warrior escapes by his great strength. 17 A horse is a vain hope for deliverance; despite all its great strength it cannot save. 18 But the eyes of the LORD are on those who fear him, on those whose hope is in his unfailing love, 19 to deliver them from death and keep them alive in famine. 20 We wait in hope for the LORD; he is our **help** and our shield.

The thing about these hills

- They are a place where God’s faithfulness is seen and tested (Abraham)
- They are a place of God’s presence (Solomon & Temple)
- They are a place where the hard prayers can be prayed (Elijah)
- They are a place where God’s power was manifested (fire from heaven - David & Elijah)
- A place where we begin to see what is invisible (Elijah’s servant and the angels)
- A Place where we are willing to pray the hard prayers, and take the risks that faith demands (Elijah and Jonathan)

HE WATCHES OVER US: A primitive root; to *hedge* about (as with thorns), that is, *guard*; generally to *protect, attend to*

Ps 121:3-8 He will not let your foot slip—he who watches over you will not slumber; 4 indeed, he who watches over Israel will neither slumber nor sleep. 5 The LORD watches over you—the LORD is your shade at your right hand; 6 the sun will not harm you by day, nor the moon by night. 7 The LORD will keep you from all harm—he will watch over your life; 8 the LORD will watch over your coming and going both now and forevermore.

Is it enough to know that His Presence is with us? Is it enough to know that He sees?

Testimony of lawsuit and the Scripture - Jesus was led by the spirit into the wilderness to be tempted by the devil...that is all I needed to know - that somehow HE KNEW, and somehow HE WAS INVOLVED.

- Is it enough for us to know that He looks down?
- Is it enough to know that His Presence is with us?
- Is it enough for us to have looked to the hills - and to have remembered his power to the extent that we now can say **“My Help Is From the Lord Who Made Heaven and Earth”**

Teach me your ways - My presence shall go with you

Teach me your ways that I might know you - My presence will go with you...Our security is in the wanting to know - when it should be in the trusting He is with us.

Exodus 33:13-14 If you are pleased with me, teach me your ways so I may know you and continue to find favor with you. Remember that this nation is your people.” 14 The LORD replied, “My Presence will go with you, and I will give you rest.”

Jesus in the boat during the storm - Why wasn't it enough to know His presence was there?

Luke 8:22-25 One day Jesus said to his disciples, “Let's go over to the other side of the lake.” So they got into a boat and set out. 23 As they sailed, he fell asleep. A squall came down on the lake, so that the boat was being swamped, and they were in great danger. 24 The disciples went and woke him, saying, “Master, Master, we're going to drown!” He got up and rebuked the wind and the raging waters; the storm subsided, and all was calm. 25 “Where is your faith?” he asked his disciples. In fear and amazement they asked one another, “Who is this? He commands even the winds and the water, and they obey him.”

I will NEVER leave you nor forsake you

Hebrews 13:5-6 Keep your lives free from the love of money and be content with what you have, because God has said, “Never will I leave you; never will I forsake you.” 6 So we say with confidence, “The Lord is my helper; I will not be afraid. What can man do to me?”

Psalm 139:1-18

- 1 O LORD, you have searched me and you know me.
- 2 You know when I sit and when I rise; you perceive my thoughts from afar.
- 3 You discern my going out and my lying down; you are familiar with all my ways.
- 4 Before a word is on my tongue you know it completely, O LORD.
- 5 You hem me in—behind and before; you have laid your hand upon me.
- 6 Such knowledge is too wonderful for me, too lofty for me to attain.
- 7 Where can I go from your Spirit? Where can I flee from your presence?
- 8 If I go up to the heavens, you are there; if I make my bed in the depths, you are there.
- 9 If I rise on the wings of the dawn, if I settle on the far side of the sea,
- 10 even there your hand will guide me, your right hand will hold me fast.
- 11 If I say, “Surely the darkness will hide me and the light become night around me,”
- 12 even the darkness will not be dark to you; the night will shine like the day, for darkness is as light to you.
- 13 For you created my inmost being; you knit me together in my mother's womb.
- 14 I praise you because I am fearfully and wonderfully made; your works are wonderful, I

know that full well.

15 My frame was not hidden from you when I was made in the secret place. When I was woven together in the depths of the earth,

16 your eyes saw my unformed body. All the days ordained for me were written in your book before one of them came to be.

17 How precious to me are your thoughts, O God! How vast is the sum of them!

18 Were I to count them, they would outnumber the grains of sand. When I awake, I am still with you.

Be Still and Know that I am God

Psalm 46:10 “Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth.”